



Heirloom

Monthly newsletter for members and friends of Heritage Universalist Unitarian Church

August, 2024

Worship Dates and Information

For Sunday morning worship, on Sunday at 10:30 a.m., join us in the sanctuary at 2710 Newtown Road, Cincinnati, Ohio 45244, or click the Zoom link that appear in the service description at <https://huuc.net/>. The worship service and its attendees may be video recorded and appear later on various media.

~~~~~

### Ice Cream and Other Desserts



**Sunday July 28, 2024, 10:30 a.m.**

***Laci Adams, DLFD, leads this service.***

Summer is filled with so many fantastic desserts —ice cream, popsicles, berry bowls, puddings, meringues and so much more! Join us for a fun-filled, interactive, and reflective all ages service that explores the spiritual lessons we learn from ice cream and other desserts. Led by Director of Lifespan Faith Development Laci Lee Adams, this is part of our RE Summer of Love.

Image source: <https://tinyurl.com/ycxrjzu>

~~~~~

"At the Border of Life and Death"



Sunday, August 4, 2024, 10:30 a.m.

Dr. Andy Wells leads this service.

Andy will explore the inevitable end of life that all of us experience from the humble perspective of a physician. He will discuss the various relationship dynamics and coping mechanisms that families and physicians utilize to deal with the most frightening and impactful experience we encounter.

Image source: Andy Wells

~~~~~

## "The Practice of Patience"



**Sunday, August 11, 2024, 10:30 a.m.**

**Rev. Bill Gupton leads this service.**

Our Senior Minister -- not one known for his patience -- has been asked to reflect on the practice of patience. Please be patient with him [today](#) as he shares some of his challenges (and new insights) about this very important trait, which some might even call a spiritual practice.

*This service is an "on demand" topic purchased by the highest bidder at last year's HUUC Auction.*

Image source: <https://tinyurl.com/3eyj64uc>

~~~~~

Backpack Blessing Sunday



Sunday August 18, 2024, 10:30 a.m.

Laci Adams leads this service.

As summer ends, what are you beginning? Is it a new school year, a new job, a new work year, a new hobby?

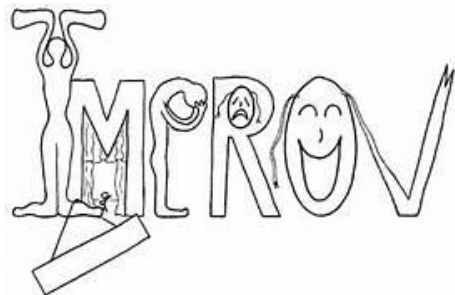
We will bless all of the tools for these endeavors in this all-ages service, led by Laci Lee Adams, Director of Lifespan Faith Development. [This](#) worship service is also a perfect opportunity to invite new families and folks to Heritage.

Things that might be blessed include a: backpack, musical instrument, planner, to-do list, notebook, car keys, coach whistle, camera, stethoscope.

Image source: <https://tinyurl.com/2bua3s48>

~~~~~

## Embracing Uncertainty - Spiritual Improv for all



**Sunday August 25, 2024, 10:30 a.m.**

**Bill Lyon leads this service.**

As much as we might yearn for certainty, most of life is beyond our control. Instead of lamenting that fact, we consider the potential spiritual and relational gifts of leaning into the unknown. Bill (along with Worship Associate, Jen Ciolino) will explore this through the lens of Improv Comedy. Prepare to be challenged – and – to have fun in new and unexpected ways.

Image source: <https://tinyurl.com/4k6dujsa>

## Recent Worship Services

### Missed A Sunday Service?



It is not the same as attending in-person or viewing in real time on Zoom, but portions of most worship services are available for later viewing on the church website - HUUC.net. For personal security reasons, the Candles of Community portion of the service is removed. However, if you can't be physically or virtually there on a Sunday morning, you can still enjoy the music and reflections. A collection of recent Sunday worship service videos is available at <https://huuc.net/worship-videos/>.

Images source: HUUC.net media library

## Columns and Essays

### From Behind the Editor's Curtain



August 2024

**by Barbara L. Barnes,  
Heirloom Editor**



I'm half-way through my first year's journey as *Heirloom* Editor and I'm starting to get my "travel legs" as I experience the sometimes-bumpy road conditions. This trip has been interesting, to say the least, and I am discovering increasingly level pavement with each new edition. With this more stable surface under my feet, I'll pull back the curtain from around me, the flawed, Wizard of Oz-like *Heirloom* editor. I'll reveal aspects of my travels, to date, down this yellow brick road of the monthly *Heirloom* publication with some suggestions for us all to make the future travels more unruffled and smooth.

Back in February of this year, I wrote an *Heirloom* essay titled "Behind the Screen and Scenes," describing my journey to becoming the new *Heirloom* Editor. (If you want to revisit that piece, you can view it at <https://huuc.net/behind-the-screen-and-scenes>.) At that time, I was feeling like a teenager just granted their driver's license and the keys to the family car. I was proud and excited about my new responsibilities. I was anxious to show the world what I could do. Simultaneously, I was hesitant if I could do it, remember all my training, and not drive into a ditch.

I acknowledge that I am a borderline Type A personality - with a detail focus and perfectionist tendencies. These traits might be good in an editor but can also drive the people around an editor to distraction! Add to this the stress of this new, rather high-profile job. I probably topped the Type A scales during my first couple of months in the job.

I believe that I've recently settled into a more moderated tact. With each error I created or failed to catch in each *Heirloom* edition, the more I've accepted the beauty of imperfection in myself, in my work, and in the

work of others. In my very first edition, I made the major error of a typo in the next articles submission deadline date. Since then, I've misspelled names (an unforgivable mistake - mea culpa), misplaced titles, made format errors, and committed many more slip-ups. I'm learning to forgive myself such blunders as you have forgiven me. I'm sure that imperfections will continue, since we are all only human with minimal time to get it all "just right." However, I am learning to "shake'm off" (to quote Taylor Swift) while noting the gaffes to avoid in the future.

As I mentioned in my previous article, cited above, I'm not new to the process of editing. I know ways to improve writings while hopefully retaining the writer's style and personality. The perfectionist in me fights a constant battle in this aspect of editing, but I'm getting better at letting go. To the writers who feel I changed your words too extensively, I apologize for my sometimes-excessive attempts to make you and your writing look your best in my imperfect opinion.

Until deadline, I am always willing to massage an article until it is right for both the writer(s) and the potential audience. One of my editor roles involves anticipating a reader possibly interpreting the author's words differently than the author intended. Regardless of the number of drafts, I take no offense at re-working a piece multiple times. In some cases, this process has required several, sometimes charged, exchanges until all involved understood and accepted a route to our mutually desired destination. In those cases, it was a rough road but we eventually got there in one piece.

To smooth future journeys, consider a few points while creating your upcoming submissions to the *Heirloom*. Most of these points are covered in more detail in the "Website and Heirloom Newsletter Submitter's Guide" found at <https://huuc.net/website-and-heirloom-newsletter-submitters-guide/>. Here I'll briefly mention some issues that come up repeatedly from multiple writers in submitted first drafts.

**1. Write as if the reader knows nothing about your subject, including defining all acronyms.**

For example, not everyone knows what abbreviations, such as RE (Religious Education) or UUJEC (Unitarian Universalists for a Just Economic Community), mean or represent.

**2. Write to answer any questions regarding how to participate in a future event.**

Answer with specific information on the event's who, what, when (including duration), where, why (including so what), and how. Provide precise contact methods that anyone can follow (such as an email address and/or phone number) so that a reader can obtain more information in case they don't know the person(s) involved.

**3. Supply approvals, every time - even if you have supplied them in the past because things can change.**

Supply credits for all graphics/photos (copyright-free and publication restrictions-free), approvals to publish pictures, approvals to publish their image from all people pictured, and approval to publish contact information data.

**4. Submit your article well in advance of the submissions deadline.**

No matter how perfect your submission, Web Technologist Antonio and I both need to manipulate your submission and you may wish to review the results before release. All of these steps for the 30+ articles each month take time between the submission and

publication date. ***Requested changes after the submission deadline date may not be possible.***

I know that I haven't learned everything in my role as Heritage's *Heirloom* Editor. However, I've learned to drive along the sometimes-circuitous road without constantly referring to my reference materials/training notes. I've adopted some new methods not written in those guides. I've become more nimble in handling the publication needs. However, it will always take uncounted hours (by both Antonio and me) to put this newsletter together each month.

My standard response to the question of "how's it going" for me in this new job is, "it's a lifestyle choice." Still, I'm enjoying the ride on this journey down the *Heirloom's* monthly yellow brick road, regardless of the occasional bumps or potholes. Now, dear reader, you can go back to ignoring that person behind the curtain as I draw the drapes closed on this flawed wizard/*Heirloom* editor and we continue to 🎵 "head on down the road" together. 🎵



~Barb Barnes  
*Heirloom* Editor

Images source: Barbara L. Barnes, a selfie/ <https://tinyurl.com/23mdn6tw> / <https://tinyurl.com/46wcm46e>

~~~~~

An Uncommon Church Book Club - Heritage's Babes with Books



by Merely, the Scribe

Known for being raucous, ribald, and creating, on more than one occasion, a disruption to other groups using the church building by laughing too boisterously, Heritage's Women's Book Club is a churchwomen's group like no other. Founded in approximately 1996 (records are a bit fuzzy on the exact date) this group has been meeting on the third Wednesday of every month from seven to nine p.m. for 28 or more years, with only a three-month gap at the beginning of the recent pandemic. This group prides themselves as being inclusive to all people who identify as women members and friends of HUUC. However, the group refuses to take itself too seriously.

The group started their history known officially as the "Heritage Women's Book Club" but at some point started taking pride in their fabulous, bibliophile gender and nature by calling themselves "Babes with Books" or the BWB. Records indicate that the group has read and discussed over 300 books.

There is no "official" head of the BWB. Years ago, the group had a queen, Sara Curtis, who often presided over the group from her throne-like chair, dressed in white or cream regalia, while benevolently decreeing many of the book and movie selections. However, when she moved away, the group decided to honor her legacy by leaving that chair empty.

When their future reads list dwindled, the BWB began adopting, via an unofficial consensus, upcoming selections suggested by the members in attendance at meetings. No votes were/are required to make it on the BWB selected reads list. When faced with the immediate need for a selection's change, an "executive decision" was/is made. Sometimes selecting the book becomes a guessing game when the person proposing it can't remember the exact title, much less the author, but they think it was a good read, worthy of discussion. The group good-heartedly ribs the suggesting member with, "Yeah, you know that book about 'I don't know what,' but it was really good!"

Merely, the Scribe, (the self-appointed record keeper) has the known list of historical and future selected reads, available on request - Merely can be reached at
scubagoddess@fuse.net

Merely began writing the BWB announcements seen in the *Heirloom* and on HUUC.net starting in 2006, when frustrated that the group often forgot or only shared the selection titles for the coming months via word of mouth. (At times, Merely is "lovingly" known as the "Book Nazi" when she tries to maintain some semblance of order in the selection process. That, she has slowly learned over time, is nearly impossible.) Now the group tries to make firm selections on future reads for the next three months, with later selections on the list being subject to modifications as their slotted time approaches.

The BWB has some "sacred" readings and documents. Their sacred text is *The Sweet Potato Queens' Book of Love* by Jill Conner Browne. This book provides many "words to live by" such as "never wear panties to a party" (due to the appearance of the "dreaded" panty line under pantyhose) and provides the honorary title of "Tammy" to any BWB member.

In terms of a sacred document, the BWB has an official pledge. The Babes recite it, as shown below, on special occasions.

Heritage Women's Book Club Pledge
(aka Babes with Books, the BWB)

As a member of the Heritage Women's Book Club, I will . . .

- *Freely read, not read, or read and forget everything in any book.*
- *Freely talk whenever any thought comes into my head regardless of how many others are speaking.*
- *Freely change the subject at any time.*
- *Freely laugh as often as possible and as loudly as necessary in order to distract any other groups meeting in the church.*
- *Freely change the selected book on a whim.*
- *Freely disregard the extensive list of books that Merely tirelessly provides.*
- *Under no circumstances (I'm very serious about this one) criticize the Queen or the books or the movies she selects.*

Anon

The BWB has few rules. They try to select books that will elicit discussion and can be gathered a month in advance of the selected read's meeting date in sufficient quantities for the Heritage Book Club hold shelf at the Hamilton Library-Anderson Branch. The group prefers fiction, but will do non-fiction if it reads like a novel. A meeting attendee need not have read, completed reading, or even liked the selection for the month to attend, but they must be willing to hear "spoilers" about how it ends. (Some members are known for skipping to the last chapter to determine whether they want to finish reading a selection.)

A meeting often has multiple conversations occurring at once, but the group eventually reconvenes as a whole. Conversation topics often diverge from the book, especially about political figures - such as "he-who-must-not-be-named." However, the discussion eventually returns to the book when someone calls out over the din, "Do we have anything more to say about the book?!" (Such diversions may occur several times during an evening.)

The BWB holds some special events over the course of the year. In December, the BWB holds a holiday party and screens a movie rather than discussing a book since it is felt that the holidays are too busy for many people to read. The movie selection follows the general procedure used to select a book. Some of the annual movie selections remain in BWB lore due to their goofy nature. In January, the BWB typically discusses a longer than average book, since they didn't have a selected December read. In July and/or August, the BWB often holds a pool party/potluck(s) at a member's house. Whether there is a selected read for those months is an annual matter of debate, since the book may not be discussed as a group at pool/potluck gatherings. Some Babes only attend the December and summer pool/potluck gatherings and that is completely acceptable.

Other, typical meetings usually consist of about a dozen members. Sometimes people bring snacks, related or not to the book, but not always. The BWB does not assign "snack duties." (My first meeting was to discuss *A Year in Provence* and several people brought bottles of wine. I've stayed for approximately 20 years, which obviously says something about me.)

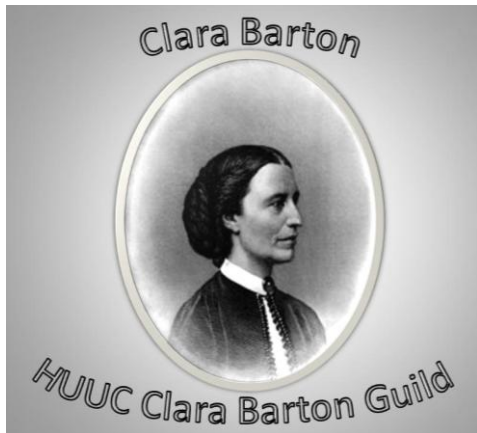
When a new person attends, the group first individually introduces themselves. Then they start by asking, via a show of hands, "Who read the book?" followed by, "Who liked the book?" None of the responses incurs any negative judgment and simply sets the tone for the discussion. Then the group jumps into the mayhem, discussing or not discussing the plot, characters, writing style, implications of the plot to their lives or society, and many other topics unrelated to the book. Although the meeting's time slot is 7 - 9 p.m., if they run out of various things to discuss early, they adjourn, often around 8:30.

If this type of loving but flippant bedlam is your proverbial "cup of tea," and you identify as a woman, then attending a BWB gathering might be something that you would enjoy every third Wednesday of the month from 7 - 9 p.m. in the Heritage Room, unless otherwise announced. However, many people (both men and women) prefer on their own to sample from their selected reads list. To learn about the future BWB selections, read the monthly articles in the *Heirloom*, on Huuc.net/events, in the weekly emailed *Heritage Connection* or Sunday worship service bulletins. Ask Martha in the office to put you on the "BabeswithBooks" Google group for additional communications, or ask one of the known Babes for more information. You will recognize the Babes as women with a bibliophile air, irreverent but respectful, and who laugh a lot.

Image source: <https://tinyurl.com/pp8za4rk>

~~~~~

## All Heritage Women are Members



A quiet but strong organization resides within our congregation and all Heritage women are automatically members. This group uses a perhaps old-fashioned name - the Clara Barton Guild (CBG or the Guild). Although the daily, group activities have changed over the course of its 107-year existence within Heritage, its ultimate purpose has remained the same.

According to the pamphlet titled *The Clara Barton Guild - A Brief History*, written by Heritage member Connie Booth in 2014, "the group not only provided support for various church activities, community outreach, and sisterly fellowship among the church's women, but (it) raised monies to support various worthy causes both within the church and beyond."

Today, some of the group functions are significantly different from its early days following its 1917 founding. However, the major goal of supporting needs remains unaltered in the group. The Guild exemplifies this aim through their two, annual, high profile events - the spring used book sale (recently merged with the annual rummage sale) and the women's holiday dinner.

Originally established as the First Universalist Society's Women's Alliance, at some point the group adopted their current name to honor Clara Barton - the famed American Civil War nurse who founded the American Red Cross and who identified as a Universalist. The early Guild served as both the church's women's social group and a service organization.

An earlier form of the Guild held monthly meetings with scheduled programs. The group elected officers and collected dues. Card playing was one common activity but also crafts-with-a-purpose activities such as hemming wash cloths for use at local hospitals and creating a decorative quilt as a fundraiser for building our current church home in Newtown.

Creation of and distribution of financial support has long been a focus of the Clara Barton Guild. In the 1960s, church member Cora Littel bequeathed 100 shares of Proctor and Gamble stock to the Guild. Dividends from this gift (in addition to other fundraisers) provided the resources for the donations to various charities and church improvements over the years until the Guild deeded these stocks to the congregation to pay off the mortgage. During the holidays, the Guild routinely gives a donation to the Clara Barton Camp for Diabetic Girls, plus other causes that speak to the group's emphasis on women's and Universalist principles. Such organizations have included Planned Parenthood, The Mountain, Women Helping Women, and several others.

Many Clara Barton Guild funded physical improvements continue in use today in our church's present location. Some items include the cabinetry for storing the folding tables in the Great Hall, classroom cabinetry, kitchen items, and the sanctuary's blinds.

Although the group's early form was reminiscent of a woman's social club that performed civic and church betterment projects, over the years, women's roles changed in both society and in the church. Alternative, activity-specific groups for women within Heritage came and went. Examples include such defunct groups such as the Women's Meditation Group and a toddler playgroup. Today, other groups and events have evolved to meet the many needs of modern women, such as the Babes with Books (Heritage Women's

Book Club), the Healthy Lifestyles Group, and the annual Heritage Women's Retreat. However, the Clara Barton Guild has continued with its improvement projects and donations.

Embodying the group's inconspicuous nature is Julie Kane, who has long managed the group's finances and helped steer their activities. For many years, she has been a guiding force behind the annual used book sale and by helping to select the Guild's financial donations, approved during the short business meeting at the yearly holiday dinner.

Typically, the annual Clara Barton Guild dinner occurs on the first Wednesday evening in December in the HUUC Great Hall. It is open to all women, be they Heritage members or friends. When the annual date for this event draws close, look for specific information about this gathering in the *Heirloom*, on HUUC.net, in the weekly emailed *Heritage Connection* or the announcements in each Sunday's worship service bulletin. For more information on the Clara Barton Guild, contact Julie Kane at:

jgkane@cinci.rr.com

Image source: <https://tinyurl.com/u8zcm64a>

## Announcements

### Making a Contribution or Pledge Payment to HUUC during the Sunday Worship Service?



Use the blue envelopes (found at the rear of sanctuary or ask an usher) for contributions or pledge payments you are making **to the church** when adding them to the collection. Loose cash or checks in offering plate go to weekly outreach recipient.

Image source: <https://tinyurl.com/e2c3sr9d>

~~~~~

Need a Little Hearing Assist?



We all need a little assistance now and then. So why not take advantage of the boost if your hearing needs a bit of help - no shame involved. Hearing assist headphones are available for the Sunday morning services. Just ask an usher for the device.

Image source: <https://tinyurl.com/3f5yva7f>

~~~~~

## Visitor Sundays in July and August



Do you know someone who is Heritage curious? We always love visitors, but we especially invite newcomers on July 14 and August 4, 2024 for **Visitor Sunday for New Families**. We look forward to welcoming your friends and family into our sanctuary!

For more information on the themes for those specific Sunday morning worship services, refer to the Worship Dates and Information section in this publication and on <https://HUUC.net>.

Image source: <https://tinyurl.com/2w3pjpt8>

~~~~~

The Heritage Choir Wants You to Join Them!



Although the Heritage Choir presentations are on hiatus for June and July, following their recent performances at the June 9, 2024 T-Shirt Sunday service, that doesn't mean they are gone for good. How about you joining them when they reconvene?

Do you love music?

Do you like to sing, and make music with others?

Consider joining the Choir at Heritage! They make lovely music and have fun doing it!

For more information, please contact Choir Director Steve McCamley at smccamley@aol.com

Photo Caption: The Heritage Choir at the June 9, 2024 T-Shirt Sunday Worship Service. Shown left to right - front row - Steve McCamley, Sherry McCamley, middle row - Rebecca Pace, Gloria Walker, Kay Inskip, Valerie Dubay, Alison Lang-Hickey, Joann Meyer, Barb Beezley, Terri Gaitskill, back row - Frank Collins, Louise Lawarre, Bob Lamb, Kate Noel Wells, Bob Booth, Ellie Lamb, Kai Novak

Image Source: Alison Lang-Hickey

~~~~~

## A Summer of Love for our Kids and Families



by Laci Adams, HUUC DLFD

When the sun is shining bright, and the days are longer, there's no better place to be than at Heritage UU Church. This summer, we're diving into a theme that's warm, welcoming, and wonderfully enriching: the *Summer of Love*. Our children and youth summer programming is crafted to foster community, celebrate diversity, and engage in acts of kindness and service. We won't have RE (religious education) programming every Sunday over the summer, but when we do gather it will be a lively, engaging, and an exciting opportunity to connect.

### JUNE

2nd: Love of Self  
16th: Pride (all ages worship)

✿ Indicates "Share the Love" Days.

Bring a family new to HUUC  
+ join RE families at 10AM  
in the Great Hall for donuts!

### JULY

14th: Love of Community ✿  
28th: Ice Cream + Other Desserts (all ages worship)

### AUGUST

4th: Love of World (service project) ✿  
18th: Backpack Blessings (all ages worship)  
25th: Water Communion (all ages worship)

#### June: Kicking Off with Self-Love and Pride

June is all about setting a strong foundation with self-love and celebrating Pride. On June 2, we invite you to join us for *Love of Self* day. It's a perfect start for introspection and self-

appreciation, crucial for building a loving community.

On June 16, we have an all-ages worship service dedicated to Pride. This is a vibrant celebration of diversity and inclusion, where everyone is encouraged to come as they are and share the love.

#### July: Building Community and Sweet Treats

July continues the celebration with a focus on the love of community on July 14. This day is all about connecting with others, building friendships, and strengthening our communal bonds.

On July 28, we're adding a sweet twist with an all-ages worship service featuring ice cream and other desserts. It's a delightful way to gather and enjoy the simple pleasures of summer together.

#### August: Service Projects and Special Blessings

August is a month of giving back and special blessings. On August 4, we engage in a service project focusing on the love of world. It's a hands-on opportunity for everyone to contribute positively to our environment and community.

August 18 is a touching day with backpack blessings, an all-ages worship service where we prepare and bless backpacks for the upcoming school year, ensuring our children start their academic journey with love and support.

Finally, we close the summer with our traditional water communion on August 25. (Recently changed to September 8.) This all-ages worship service is a beautiful ceremony when we come together to share water collected from our summer travels, symbolizing the unity and diversity of our congregation.

## Share the Love Days

Throughout the summer, we have designated *Share the Love* days. These are special days where we encourage you to bring a family new to Heritage UU Church. Join our RE families at 10 a.m. in the Great Hall or on the playground for donuts, a warm welcome, and an introduction to our loving community.

Join us for a summer filled with love, connection, and community. We can't wait to share these special moments with you at Heritage UU Church.

Image source: provided by Laci Adams

## Staff Schedule for June and July



The church office will be closed from Wednesday, June 12, through Friday, June 14, 2024 as our Church Administrator, Martha Viehmann, attends the Ohio Valley Yearly Meeting's Annual Sessions, the five-day Quaker equivalent of MUUSA (with a little General Assembly business thrown in for good measure.) Martha serves on the session's planning committee, which focuses on all the fun and enriching activities -- the MUUSA stuff!

The office will also be closed from Monday, June 24, through Friday, July 5, 2024 for Martha's family vacation.

Our Director of Lifespan faith Development, Laci Adams, will be on family vacation June 23 through July 7, 2024. Prior to that, she will be attending (virtually) our UU Association General Assembly (GA) June 18-23, 2024.

Our Senior Minister will also be attending GA (virtually) June 18-23, 2024. His summer break begins July 1 and lasts throughout the month of July 2024.

**(See next page for the combined calendar.)**

## Staff Calendar June/July 2024

**Legend:** Office Closed = Office Closed, Bill/Laci GA = Bill & Laci attending virtual General Assembly, Laci Vacation = Laci on vacation, Bill Vacation = Bill vacation and study

| Sunday                               | Monday                                               | Tuesday                                              | Wednesday                                            | Thursday                                             | Friday                                               | Saturday                             |
|--------------------------------------|------------------------------------------------------|------------------------------------------------------|------------------------------------------------------|------------------------------------------------------|------------------------------------------------------|--------------------------------------|
| June                                 |                                                      |                                                      |                                                      |                                                      |                                                      | 1                                    |
| 2                                    | 3                                                    | 4                                                    | 5                                                    | 6                                                    | 7                                                    | 8                                    |
| 9                                    | 10                                                   | 11                                                   | 12<br>Office Closed                                  | 13<br>Office Closed                                  | 14<br>Office Closed                                  | 15                                   |
| 16                                   | 17                                                   | 18<br>Bill/Laci GA                                   | 19<br>Bill/Laci GA                                   | 20<br>Bill/Laci GA                                   | 21<br>Bill/Laci GA                                   | 22<br>Bill/Laci GA                   |
| 23<br>Bill/Laci GA                   | 24<br>Office Closed<br>Laci Vacation                 | 25<br>Office Closed<br>Laci Vacation                 | 26<br>Office Closed<br>Laci Vacation                 | 27<br>Office Closed<br>Laci Vacation                 | 28<br>Office Closed<br>Laci Vacation                 | 29<br>Office Closed<br>Laci Vacation |
| July                                 |                                                      |                                                      |                                                      |                                                      |                                                      |                                      |
| 30<br>Office Closed<br>Laci Vacation | 1<br>Office Closed<br>Laci Vacation<br>Bill Vacation | 2<br>Office Closed<br>Laci Vacation<br>Bill Vacation | 3<br>Office Closed<br>Laci Vacation<br>Bill Vacation | 4<br>Office Closed<br>Laci Vacation<br>Bill Vacation | 5<br>Office Closed<br>Laci Vacation<br>Bill Vacation | 6<br>Laci Vacation<br>Bill Vacation  |
| 7<br>Laci Vacation<br>Bill Vacation  | 8<br>Bill Vacation                                   | 9<br>Bill Vacation                                   | 10<br>Bill Vacation                                  | 11<br>Bill Vacation                                  | 12<br>Bill Vacation                                  | 13<br>Bill Vacation                  |
| 14<br>Bill Vacation                  | 15<br>Bill Vacation                                  | 16<br>Bill Vacation                                  | 17<br>Bill Vacation                                  | 18<br>Bill Vacation                                  | 19<br>Bill Vacation                                  | 20<br>Bill Vacation                  |
| 21<br>Bill Vacation                  | 22<br>Bill Vacation                                  | 23<br>Bill Vacation                                  | 24<br>Bill Vacation                                  | 25<br>Bill Vacation                                  | 26<br>Bill Vacation                                  | 27<br>Bill Vacation                  |
| 28<br>Bill Vacation                  | 29<br>Bill Vacation                                  | 30<br>Bill Vacation                                  | 31<br>Bill Vacation                                  |                                                      |                                                      |                                      |

Image source: <https://tinyurl.com/3475ptu4>

## Remember to Collect Some Water



This summer, you are encouraged to collect and keep a small sample of water from a location that has special significance to you: a vacation destination, the creek on grandparents' farm, a pond or lake, river or ocean. Set that water aside and then bring it with you to church on Sunday, September 8, 2024 for our annual Ingathering Water Ceremony. At that service, we will merge our waters into one common vessel to reflect the rich diversity of our church family while creating our own Heritage "holy water."

This Sunday marks the beginning of another annual cycle of religious community, the 198<sup>th</sup> year in our storied church history.

Image source: <https://tinyurl.com/yttnwshy>

## Ministries

### August Social Justice Collaborative Meeting



**Sunday, August 18, 2024,  
Starting approximately 10 minutes after the  
completion of the morning worship service.**

If you have a social justice passion you would like to share with others at Heritage, or if you just want to learn what is going on, then come to the Social Justice Collaborative meeting on Sunday, August 18, 2024, in the Heritage Room. We will share information and our activities on things such as

Anderson Churches for Racial Unity, the Found House effort to shelter homeless families, working with and healing our relationship with Indigenous Peoples, Cincinnati Pride, and the Poor People's Campaign, to name just a few.

Come to learn about and contribute on one of these, or raise your own area of concern. All HUUC members and friends are invited.

If you have questions or ideas, please see the person putting together the agenda, Mimi Sinclair. Her email address is below.

[mimisinclair@me.com](mailto:mimisinclair@me.com)

Photo caption: Poor People's Campaign March to the Capitol, March 2018.  
Photo credit: [Stephen Melkisetian](#). Creative Commons License.

## Community Events

### Hot Dog Days Potluck Lunch Secret #5



**Sunday, August 11, 2024  
After Morning Service, in the Great Hall  
*Fifth in a series***

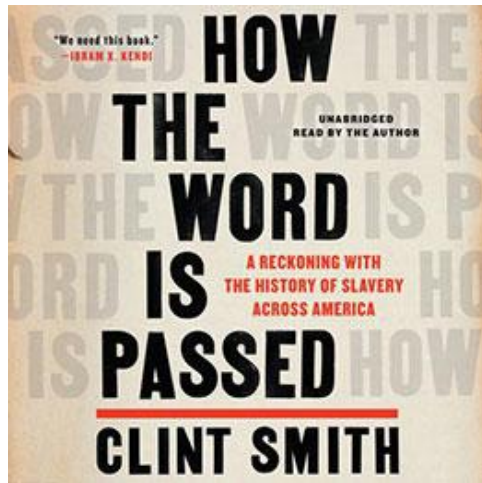
These are the dog days of summer, or maybe the hot dog days of summer when it comes to our second Sunday of the month potluck lunch held immediately after the morning worship service on August 11, 2024. Is it too hot to cook? Think about bringing a fresh salad, sliced fruit, ice cream, or the all-time favorite - donuts!

Don't have time for even that? Then just share your friendly presence without fear of judgment. There is always more than enough food to go around in the Great Hall immediately following worship service on potluck Sundays.

Image source: <http://tinyurl.com/4zs9fed4>

~~~~~

"How the Word is Passed" Book Discussion



Tuesday, August 13, 2024, 7:00 - 8:30 p.m.
at Lutheran Church of the Resurrection
1950 Nagel Road in Anderson Township, Ohio,
or on Zoom (with registration)

GAPP (Greater Anderson Promotes Peace) and ACUR (Anderson Churches for Racial Unity) will host this off-site book discussion offered in-person and on Zoom.

How the Word Is Passed by Clint Smith is the winner of the National Book Critics Circle Award for Nonfiction and is listed among the *New York Times*' 10 Best Books of 2021 and *Time Magazine*'s 10 Best Nonfiction Books of 2021.

Beginning in his hometown of New Orleans, author Clint Smith leads the reader through an unforgettable tour of monuments and landmarks, those that are honest about the past and those that are not, that offer an intergenerational story of how slavery has been central in shaping our nation's collective history, and ourselves. Smith's 2021 book is a landmark work of reflection and insight that offers a new understanding of the hopeful role that memory and history can play in making sense of our country and how it has come to be.

Registration is requested for the in-person event; **registration is required** to receive the Zoom link.

For more information and to reserve your spot, click on this link: <https://summerbook24.eventbrite.com> or email to:

gapp.peace@gmail.com

Image source: <https://tinyurl.com/2hfx3ac2>

~~~~~

## A Great Beach Blanket Read



**The BWB meets Wednesday, August 21, 2024**  
**for a pool party/potluck offsite**

The August meeting's selection for the Heritage Women's Book Club (aka the Babes with Books or BWB) is *The Seven Husbands of Evelyn Hugo* by Taylor Jenkins Reid. People magazine describes this NY Times Bestseller and perfect summer read as ""A novel of Old Hollywood that's simultaneously gossipy and poignant. Look no further for the glamour, ambition, and shocking secrets your beach-blanket sessions demand."

Beach blankets will be de rigor for this meeting since the Babes will meet for a simultaneous pool party/pot luck at the home of Tracy Rossa, 2466 Concord

Green in Anderson Township. "Gates open" at 5 p.m. Tracy will provide sangria, iced tea, and water, but attendees are requested to bring a dish to share. Whether the group will actually discuss the selected read is always in question. If you have more questions, please contact Tracy at:

tracyrossabakes@gmail.com

The current selections for upcoming BWB meetings are as follows:

September 18 - *Master Slave Husband Wife*, by Ilyon Woo

October 16 - *The Authenticity Project*, by Clare Pooley

November 20 - *The Power*, by Naomi Alderman

December 18 - Holiday Party, no book selection, movie to be determined

January 15, 2025 - *The Women* by Kristin Hannah

February 19, 2025 - *The Measure*, by Nickki Erlick

March 19, 2025 - *True Biz*, by Sara Novic

All BWB meetings run from 7 - 9 p.m. in the Heritage Room, unless otherwise announced.

All women (be they members, or friends) are always invited to any BWB meeting - whether they have read the book or not. Unless otherwise announced, the meeting's book selection is available on hold for the Heritage Book Club at the Anderson Township branch of the Hamilton County library approximately a month in advance.

For inclusion in the BWB Google group emails, contact the Heritage office at HUUCoffice@yahoo.com.

~~~~~

Practicing Compassionate Communication Two-Part Workshop



Tuesdays, September 24 & October 8, 2024

7:00-8:30 p.m. at Heritage UU Church

Join us for a two-part interactive workshop where we delve into the transformative principles of non-violent communication, inspired by Marshall Rosenberg. This workshop is designed to equip you with practical tools to navigate challenging conversations with empathy and understanding. Don't miss this opportunity to transform your communication style and deepen your connections. Join us for an empowering workshop on compassionate communication! One registration covers two sessions.

Workshop Highlights:

- **Understanding the Four Components:** Explore and practice the foundational elements of non-violent communication: observations, feelings, needs, and requests. Learn how these components can foster connection and mutual understanding in all types of interactions.
- **Application in Real Life Situations:** Gain insights into when and how to apply non-violent communication techniques in your daily life. Whether dealing with politics, family dynamics, or other sensitive topics, you'll develop strategies to navigate conversations with grace and clarity.
- **Replacing Existing Patterns:** Identify your current communication patterns and learn new strategies to replace them with compassionate approaches. Enhance your ability to listen actively, express yourself authentically, and build meaningful connections.

- **Learn and Practice:** The second session is a continuation of the first and will include opportunities to practice the skills and strategies learned in the first session.

Who Should Attend:

- Individuals looking to enhance their communication skills in personal and professional relationships.
- Anyone interested in fostering empathy and resolving conflicts peacefully.

Sponsors: Greater Anderson Promotes Peace (GAPP) and Anderson Churches for Racial Unity (ACRU)

Facilitator: Mandie Kender is an experienced parent coach, therapist, conflict and mediation coach, and leader in addressing family conflict and addiction and recovery. She is the owner of Authentic Living, where she supports families and communities through teaching peaceful and effective communication practices. She is also the current Director of Parent Connex[®] at Beech Acres Parenting Center. With her extensive experience, Mandie has a passion to support the work of restoring wounded relationships through compassionate communication.

Registration Information: <https://communicatewithcompassion.eventbrite.com>

Registration is required, and spaces are limited. Registration covers both sessions. You must attend Session 1 in order to attend Session 2.

Optional resource: *Nonviolent Communication: A Language of Life: Life-Changing Tools for Healthy Relationships* by Marshall B. Rosenberg, PhD

Contact: Louise Lawarre via gapp.peace@gmail.com (preferred for this posting) or at louiselawarre@yahoo.com

Image source: <https://tinyurl.com/5762b8x9>

~~~~~

## Creating Magic Moments Together



### HUUC Women's Retreat

**Friday afternoon, September 27 to Sunday afternoon, September 29, 2024.**

**Hope Springs Institute near Peebles, OH**

For well over a decade, HUUC has held this version of the women's retreat at Hope Springs. We made and continue to create magic moments together with crafts, song, dance, yoga, sacred walking, sharing, fireside chats, and *lots* of laughter. We

welcome all who identify as women, friends, and members of HUUC for three days of deep diving into sisterly community. You always have a choice regarding your participation level.



The price is \$290 for all lodging and meals from **Friday** afternoon to **Sunday** afternoon. Scholarships are available. A \$100 deposit is due by **June 2, 2024**. The full, non-refundable payment is due on **September 8, 2024**. Please provide these payments to Julie Kane. She can be contacted at [jgkane@cinci.rr.com](mailto:jgkane@cinci.rr.com)

For more details, ask Ellie Lamb, Laura Palmer, or Tracy Jo Small. Tracy Jo can be reached at [tracyjoduckworth@gmail.com](mailto:tracyjoduckworth@gmail.com).



Image source: Courtesy of Tracy Jo Small

## Support

### Inter Parish Ministries Food Pantry Requests



#### Specific Items Needs

Even though the end of the school year and most graduation parties are recent memories, not many of us are thinking of the start of another school year, yet. However, Inter Parish Ministries (IPM) is already gearing up for their annual Back To School (BTS) Drive.

The staff at IPM has reached out to Heritage to ask if we would donate the following items for the BTS initiative that provides school supplies for hundreds of students.

- Dry Erase Markers
- Pens
- Glue Sticks

All donations can be placed in the grocery cart in the HUUC Great Hall no later than Sunday, August 4, 2024. All of the supplies will be included in backpacks distributed to families before the opening of school.

If you have questions, please contact Ann Roberts at 419-350-9064.

## IPM Volunteers Needed

Volunteers serving on a regular schedule are also needed at IPM. Now that the new pantry is open, they are providing more services that require more volunteers. Along with the drive thru pick-ups four days a week, Choice Shopping is now available three afternoons a week. IPM is in need of volunteers in the afternoons with jobs such as front desk receptionist, shelf stockers, greeters, and shopper's companions. If you would like to volunteer, contact Marsha Blair at

[marsha@interparish.org](mailto:marsha@interparish.org)

or call 513-527-6274. The new pantry is now located at 4623 Aicholtz Rd in Union Township.

Image source: <https://www.ipmfoodpantry.org/about>

## News Articles

### Walking the Talk to Protect our Waterways



Last fall, members Anne Lyon and Alison Lang Hickey requested volunteers to help re-start the Saturday Stream Snapshot (SSS), the citizen water quality monitoring program to protect the Little Miami River (originally started by Anne Lyon).

Now, two of the program's stream sampling teams are manned by Heritage members! Pictured here at the recent SSS Fun Day at Izaak Walton League's Cincy lodge are: (left to right) Bob Drake, Rowley Elliston, Jackie Drake, Alison Lang Hickey and Joann Meyer.

During the summer, back-up volunteers are needed to assist with stream sampling or in the lab. If you're interested in helping August 10 or September 14, 2024 please email to the following address:

[volunteer@saturdaystreamsnapshot.org](mailto:volunteer@saturdaystreamsnapshot.org)

Image source: Alison Lang Hickey

### Board Briefs for July 2024



The Heritage UU Church Board of Trustees met on July 8, 2024. The following points summarize their activities.

1. The HUUC Board of Trustees officers for 2024-25 will be as follows:

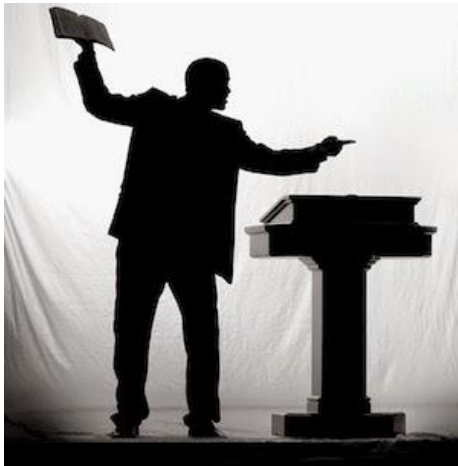
- President: Jaime Castle
- Vice President: Susan Conley
- Secretary: Luke Walczewski
- Treasurer: Rebecca Pace.

2. Doug Beezley joined the meeting to talk about the work he has recently undertaken to improve our grounds. Notably, he designed and will install a watering system for our flowerbeds and other plants. This system will help maintain a robust and verdant appearance for our green spaces. Thank you for all of your work, Doug!
3. We need help soliciting donations from local businesses for our auction this fall. If you are willing to help with this, please let a Board member know.

Image source: <https://tinyurl.com/59jv6frp>

## From the Archives

### A Voice from the Past - Rev. A. B. Beresford



*by Mike Roberts,  
Church Historian*

Over the nearly 200 years of our church's existence, the ministers who have served us have delivered something close to 10,000 sermons. These discourses served a number of purposes but sadly, very few of those multitudes of messages have been preserved. If available, they would yield a great deal of insight into the development of Universalist theology and philosophy, and the paths taken to get us to where we are today.

Several ministers do leave a taste of their thinking. One of those is Reverend A. B. Beresford who was one of the longest serving pastors in the church's history, holding the pulpit from 1909 to 1920. He was frequently quoted in the Cincinnati Post and the Enquirer. Below are samples of his thoughts that reflected on the state of the times during which he served.

From the Cincinnati Post of December 7, 1911: "Rev. A. B. Beresford has figured out that if Adam had lived 6,696 years and had worked 366 days every year and had received \$300 for each year's work, he would not be as rich as Andrew Carnegie, who is worth a half-billion dollars." This fact indicated to Rev. Beresford that there was something wrong with the present social order, for no man, he says, could by mere brain and muscle amass the amount of wealth held by Carnegie. He ascribes Carnegie's wealth to special privilege.

Rev. Beresford lectured to his congregation at the First Universalist Church, taking as his subject, "Carnegie and His Wealth." He called Carnegie the last of the titans, who lifted mountains, directed the energy of hosts upon hosts, and sought (by endowments for special purposes) to control the destinies of millions of men yet unborn.

Commenting on Carnegie's declaration that a man who dies rich is disgraced, Rev. Beresford declared that if that were true, Carnegie would die a most disgraceful death, for; with all his efforts, he was not able to give away even his income. Carnegie, he said, was not solving the problem of wealth by giving his money away. The great problem, declared Beresford, was not the charitable or philanthropic use of wealth, but the honest getting of wealth. The central problem of our way was to build an industrial order that shall give fair opportunity to every willing worker and then insure him a just share of the results of his toil."

After the sinking of the Titanic, owner of the White Star Line, J. Bruce Ismay, proclaimed that the great tragedy was an act of God. He was roundly criticized and Reverend Beresford joined in. "The collision was not an act of God. It was traceable to human frailty and greed, to misplaced judgment, to the eager speed-mad rush of the times that made possible the operation of the Titanic through the ice fields at high speed. The commander of that ship was under orders to 'make time', and he made time. The world knows the result. But God did not ordain it."

Reverend Beresford found himself in November of 1914 trying to explain why rental property owned by the church was being let to six women who were "registered" by the police. The property was in a district where people "registered" were not allowed to reside. The headline of the story from the Post was "Church Finds Its Rents Are Vice Profits." Reverend Beresford proclaimed that, "Such a situation as women of that kind living in that house cannot be tolerated. I shall demand that they be made to move. I won't stand for it a minute."

The famed evangelist, Billy Sunday, offered a camp meeting in Cincinnati and the news media asked Reverend Beresford to assess Sunday's performance. "It (was) a part of Sunday's campaign not only to accomplish what good he thinks he can, but for business reasons of his own to appear that the world is given over to the management and control of fiends and devils. This is absolutely a libel upon the American cities and American life. Some people like to go to the circus and others like to hear Billy Sunday."

The year 1915 saw the heightening of warfare in Europe and much of Beresford's attention was aimed at that conflict. Early in the war he stated "Each German felt himself as good as six Frenchmen; each Russian felt himself the equal of six Germans. Englishmen consider themselves superior—and so it goes. It is this self-righteousness, despising others that brought on war."

In a December 1916 sermon, Beresford proclaimed, "The war will be fought to a finish; there will be no armed armistice, no draw, but conclusive victory. There is now so much at stake that neither side can afford any other result. How long will it continue? Even the angels of heaven themselves do not know."

In January 1917 Beresford stated, "The war has opened the mightiest school the sun has ever shone upon; in the school whose rooms are trenches, battle fields, munitions factories, parliaments, congresses, and Reichstags is the teacher at his task. The soldier pupil is learning and low wages in Europe will never again be. The era of the pauper wage has vanished—man's work and man's pay— this will rule the earth. American competition will be on another and higher plane—more intelligent mechanics receiving higher wages."

From a May 1917 Mother's Day sermon, Beresford stated, "All things we call good, from mother's love to America's part in the world struggle, are the fruit of unselfishness."

Following the end of war, Beresford was asked about forgiving soldiers who received dishonorable discharges from the military. His response, "The reputation of every man given even a summary court-martial suffers in civilian life, in my estimation. A man who doesn't attend to his duties and obey the regulations in the army is either incorrigible or lacks capacity, and will do no better in civil life. Of course, I realize there is a great difference between a jail and a guardhouse, and that there were many injustices perpetrated in the army." It should be noted that both of Beresford's sons served in the army and one was wounded in France, which may have had an effect on his position regarding the question.

Beresford completed his pastorate with our church in 1920 and returned to his home town of Detroit. He served another 10 years there before returning to Cincinnati to finish his ministerial career in the Presbyterian Church.

Image source: <https://tinyurl.com/yc6ejna9>

## The Wider UU World

### Cincinnati Festival of Faiths



**Sunday, August 25, 2024, 12 noon to 5:00 p.m.**  
**Other activities through August 29.**

The Cincinnati Festival of Faiths is a gathering of 34 faith traditions and 13 world religions from the Greater Cincinnati area. It's an exhibition with great food and entertainment. Admission is free.

This seventh annual Cincinnati Festival of Faiths will begin on Sunday, August 25 at the Cintas Center at Xavier University. It continues with online programming (Monday - Wednesday) and culminates with a Peace Walk on Thursday, August 29 from 6 to 8 p.m. The festival is a celebration of all faiths where we can have fun and learn from one another.

Heritage people who have attended in the past say that it is a wonderful experience. The Unitarian Universalist Council of Greater Cincinnati usually has a booth at the Sunday fair. Heritage's own Barb Beezley, Rebecca Pace, and possibly other choir members will be singing in the choir.

For more information on the Festival of Faiths, see its webpage at <https://equasion.org/about-the-festival-2/>, or feel free to speak with Rebecca Pace, Rae Jane Araujo, or Bob Lamb. Their email addresses are below.  
[rebpace@gmail.com](mailto:rebpace@gmail.com)    [RaeJane.Araujo@gmail.com](mailto:RaeJane.Araujo@gmail.com)    [boblamb2@gmail.com](mailto:boblamb2@gmail.com)

Image caption: A gathering at the Cincinnati Festival of Faiths.

Image source: <https://equasion.org/about-the-festival-2/>

~~~~~

Universalist Convocation is Close this Year



Friday through Sunday, September 20 – 22, 2024
Universalist Church of Eldorado, OH.

This is the perfect year to attend the Universalist Convocation, since it is being held just a 1½ hour drive away at the Universalist Church of Eldorado, Ohio.

For more than 30 years, Universalists have gathered together at the annual convocation (meeting) to learn, explore and celebrate our Universalist heritage. The Universalist

Convocation is recognized as a Related Organization of the Unitarian Universalist Association but operates independently under its own Charter, Bylaws, and Officers.

Heritage Universalist Unitarian Church hosted the Convocation in 2014, and several Heritage members have attended in other years. More information can be found at the Universalist Convocation webpage at <https://universalistconvocation.org/announcement/>. Registration opens August 1 at this webpage: <https://universalistconvocation.org/register/>

If you have questions about the Universalist Convocation, feel free to talk with past attendees Russ Araujo, Rae Jane Araujo, or Rebecca Pace or contact them at the following email addresses.

russaraujo@gmail.com

RaeJane.Araujo@gmail.com

rebpace@gmail.com

Image caption: Universalist Church of Eldorado, Ohio

Image source: <https://universalistconvocation.org/announcement/>

Calendar of HUUC Events

For the online calendar of HUUC events, go to: <https://huuc.net/calendar-for-huuc/> and scroll to the month of interest. See also the list of all events at: <https://huuc.net/events/>

Get Weekly HUUC Updates

People in the Google Group “huuc-announcements” get a few Heritage-related announcement emails each week, including a summary on Monday, entitled *Heritage Connection*, of the upcoming activities and worship. If you would like to receive huuc-announcement emails, please send an email requesting it to the church administrator at: HUUCoffice@yahoo.com

Heirloom

A publication of
Heritage Universalist Unitarian Church

Rev. Bill Gupton, Senior Minister
Rev. Doak Mansfield, Minister Emeritus
Jaime Castle, Board President
Laci Lee Adams, Director of Lifespan Faith Development
Sherry McCamley, Music Director and Accompanist
Steve McCamley, Choir Director
Martha Viehmann, Church Administrator
Kevin Palmer, Technology Coordinator
Antonio Ciolino, Web Technician
Barbara L. Barnes, *Heirloom* Editor

Submissions for the next *Heirloom* are due **August 26, 2024**.
See <https://huuc.net/website-and-heirloom-newsletter-submitters-guide/> for information on
writing for the *Heirloom*

Send submissions to newsletter1@HUUC.net.
HUUC Contact Information: <https://huuc.net/contact-us/>

Heritage Universalist Unitarian Church

2710 Newtown Road
Cincinnati, OH 45244
Phone: 513-231-8634
<https://huuc.net/>